



CBC Connect

700 South Converse Street. Spartanburg, SC 29306



Bishop's Heart A Thankful Heart

Gratitude is more than just a momentary good feeling. Scientists who have studied and written gratitude interventions believe that expressing gratitude benefits our mental health and well-being. Gratitude practices also appear to help us feel more satisfied in life and can boost our self-esteem, according to peer-reviewed research. The American Psychological Association defines gratitude as a sense of happiness and thankfulness in response to a fortunate happenstance or tangible gift. Research shows that gratitude makes us happier even if we aren't Christians, but as Christians, gratitude strengthens our relationship with God. As Christians, we are especially thankful for the gift of salvation. When we are thankful or express thanksgiving, we are telling God that we appreciate Him. The Bible admonishes us in 1 Thessalonians 5:18 "In everything give thanks: for this is the will of God in Christ Jesus concerning us." While working, family time, raising children or grandchildren, and a busy life it is easy to forget the wonderful things God has done for us. The enemy is quick to consume our minds with the negative. Therefore, we must practice Thanksgiving. Aaron McMahon said "Thankfulness is a heart expression, not a verbal expression. It's not really what I say from my mouth as much as what is flowing from within." I truly agree with McMahon because it is easy to say we are thankful yet, when our hearts are full of gratitude, thankfulness, and appreciation we should let our hearts speak and express our indebtedness to the Lord. The heart is the center of our will and emotions... Thus, when our heart speaks our entire being should thank God for all He has done. When our heart speaks our mouths should declare his glory. When our heart speaks our hands should be lifted towards the heavens. When our heart speaks our eyes should affirm that our help comes from the Lord. When our heart speaks our ears should hear and obey God's Word. When our heart speaks our feet should dance and praise His name. Let us give thanks to our God! A thankful heart is a heart full of gratitude for the things that God has done and continues to do in and through our lives. Happy Thanksgiving and blessings to your holiday season.

*Join
Bishop...*

**Sunday,
November 19th, 2023**

New Fellowship Baptist Church

6:00 p.m.

418 Old Spartanburg Hwy

Wellford, SC





Monthly EVENTS

Wednesday, November 1st, 15th & 29th 2023
Weekly Bible Study and Empowerment Hour
Join us for in-person Bible Study at 12 noon & 6:30 p.m.

Sunday, November 5th, 2023
**Fall Back
1 Hour**



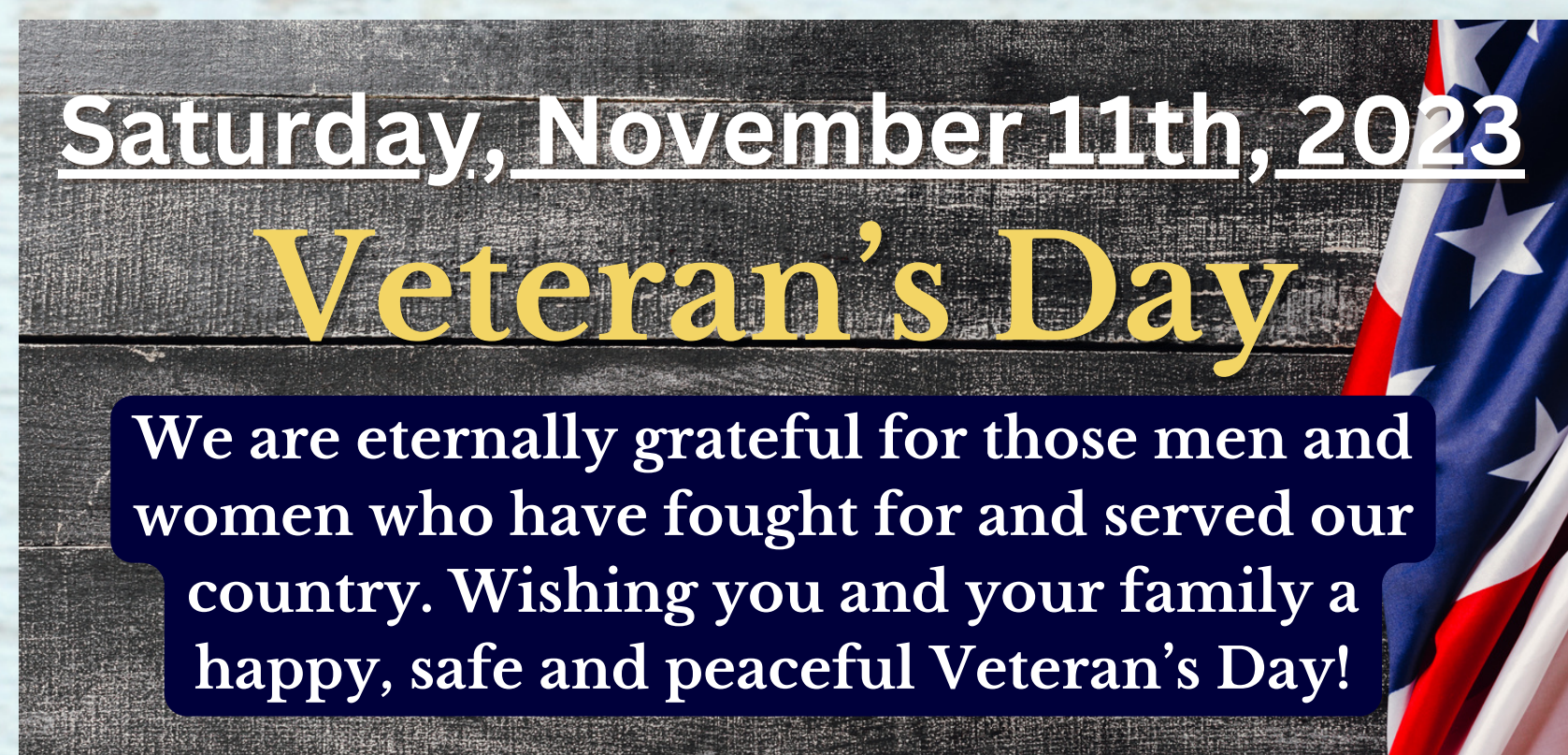
Saturday, November 4th, 2023
Reset 23 Luncheon
Join us in the CBC Gymnasium for our Reset 23 Leadership Empowerment Luncheon from 10 am - 2 pm!

Sunday, November 5th, 2023
Red Sunday
Wear red in celebration of CoPastor's 56th birthday!



Sunday, November 5th, 2023
Food Truck Rodeo Showcase
Come fellowship with us in the CBC parking lot for our Food Truck Rodeo Showcase from 11 -5 pm.

Saturday, November 11th, 2023
Veteran's Day
We are eternally grateful for those men and women who have fought for and served our country. Wishing you and your family a happy, safe and peaceful Veteran's Day!



Monday, November 13th, 2023
Miracle Monday
Come worship with us for our Miracle Monday service at 7:00 pm! Bishop -Designate Nancy Perkins will be our guest!

Sunday, November 19th, 2023
Deaconess Bake Sale
Support the Deaconess Ministry Bake Sale in the concourse before and after our morning worship experience.

Thursday, November 23rd, 2023
**Happy
THANKSGIVING**



Sunday, November 26th, 2023
Church Anniversary & Harvest Breakfast
Breakfast will be served from 7:30 - 9:00 a.m.





Monthly

Announcements



LIVE STREAMING



Follow us on Facebook (Cornerstone Baptist Church), subscribe to us on YouTube (CB Church Spartanburg) or visit our website (cbconthegrow.com) for all worship experiences!

Reminder

Cluster and Ministry Leaders

Please submit any announcements for our CBC Connect Newsletter by the 15th of each month.

MEETING TIME

Ministry Leaders

Do you need to reserve a meeting space and time?
Please consult your Cluster Leader with your requests.

Fundraising EVENT

Have a fundraising project idea that would bless CBC??

Please submit your ideas to Minister Aleasha & Minister Akia via email.

CARRIES



Trustees: Charlie Mae Boyd, Earnestine Mickel, Joseph Wells, Jerry Crocker, Alvin Lewis, Divinity Mickel

Deacons: Claude Sears, Leotus Davis, Leroy Gist, Rodney Tidwell

Deaconess: Doris Sears, Bettie Davis, Psyche Tidwell, Valerie Sullivan



Just remember, while you worship and while you tarry... NO FOOD OR DRINK in the AV Room or Sanctuary!



All Ministry Leaders and Members- Paxton is working! If you would like to purchase or pick up your key fob please contact Minister Aleasha Jackson to schedule a pickup time .

Offering
IS AN ACT OF WORSHIP

Pay your tithes with ease with credit card, debit card, online through PayPal or CBC Cash App.



Stay Connected

Join us for Intercessory Prayer at 8:00 am, Sunday School at 8:30 - 9:30 am, and Sunday Morning Worship at 9:30 am.

Follow us on Facebook and on YouTube (CB Church Spartanburg) for all worship experiences & virtual Bible Study on Wednesdays @ 6:30 pm! Download our CBC App, create a profile and save 864-689-2996 in your contacts on your phone for important notifications. Please note this number is for outgoing calls only and cannot receive incoming calls.



cbconthegrow.com





Encouraging Corner with CoPastor

Thanks-living

Be thankful in all circumstances, for this is God's will for you who belong to Christ Jesus." 1 Thessalonians 5:18 NLT

As a teenager, I remember that I asked my mom and dad for a pair of leather Aigner boots. Everyone in my circle of high school friends had these particular boots. They were popular but not in our budget at that time. As I emotionally and tearfully pled my case, my mother said something that stopped me mid-sentence in my speech. She said, "Baby, you're crying with a loaf of bread under your arm." She walked away as she typically would to leave me with my thoughts absorbing her words. My emotion quickly subsided as I pondered her poignant words. The takeaway was... I had more than I needed, and I should be thankful for what I already had. I remember looking around our home and reflecting on that moment. My want for Aigner boots seemed to fade. I needed to be thankful for what I had already been blessed with.

As we enter the holiday season, countdown to Christmas and prepare for the celebration of the birth of Christ, let's intentionally celebrate "Thanks-living."

Recently I read an article that said "...don't let the troubles of this life get your focus off of the good things that God has done in your life. This Thanksgiving and every day be full of thanks and give thanks and praise to God even in the midst of struggle and frustration. We all have so much to be thankful for." So when life suggests that we focus on lack, grief, sadness, and strife we should choose "Thanks-living" instead. This is the will of our loving Father concerning us.

Stay encouraged!

CoP